





'everyone can be
a lifesaver!'

Course Enrolment PACKAGE 2011

Royal Life Saving is dedicated to turning everyday
people into everyday community lifesavers.



www.royalnsw.com.au

First Aid in a Box Assessment			\$140.00 (plus postage and handling)
Tuesday 11th January	Castle Hill	6pm-8pm	<p>First Aid in a Box involves online learning – you must enrol at the First Aid in a Box website: http://learning.royallifesaving.com.au</p> <p>You will also receive a manikin and DVD in the post to learn and practice CPR.</p> <p>The Assessment Session is only 2 hours and you must enrol by phone into this session once you have completed the online theory.</p> <p>This is by far the most popular option for those requiring the First Aid qualification - HLFA301B Apply first aid.</p>  
Friday 28th January	Seven Hills	10am-12pm	
Friday 11th February	Homebush	10am-12pm	
Wednesday 23rd February	Castle Hill	6pm-8pm	
Wednesday 16th March	Homebush	6pm-8pm	
Friday 25th March	Castle Hill	10am-12pm	
Friday 8th April	Homebush	10am-12pm	
Wednesday 20th April	Seven Hills	6pm-8pm	
Tuesday 10th May	Bondi	6pm-8pm	
Friday 20th May	Homebush	10am-12pm	
Friday 10th June	Seven Hills	10am-12pm	
Wednesday 22nd June	Castle Hill	6pm-8pm	

First Aid Flexible – First Aid Update			\$140.00 Flexible/\$125.00 Update
Friday 7th January	Seven Hills	9am-5pm	<p>First Aid Flexible requires participants to complete a workbook prior to the course commencement. The course is one day only. The Workbook and Manual will be sent to participant prior to the course.</p> <p>First Aid Update participants need to have a first aid certificate which has not expired, before the course commencement date.</p> <p>Upon successful completion participants will receive the qualification HLFA301B – Apply first aid.</p>  
Saturday 22nd January	Castle Hill	9am-5pm	
Monday 31st January	Parramatta Stadium	9am-5pm	
Saturday 12th February	Homebush	9am-5pm	
Friday 18th February	Bondi	9am-5pm	
Monday 28th February	Parramatta Stadium	9am-5pm	
Monday 7th March	Seven Hills	9am-5pm	
Friday 18th March	Homebush	9am-5pm	
Saturday 26th March	Normanhurst	9am-5pm	
Saturday 9th April	Castle Hill	9am-5pm	
Monday 18th April	Seven Hills	9am-5pm	
Friday 29th April	Homebush	9am-5pm	
Friday 13th May	Seven Hills	9am-5pm	
Saturday 21st May	Castle Hill	9am-5pm	
Monday 30th May	Parramatta Stadium	9am-5pm	
Friday 10th June	Homebush	9am-5pm	
Saturday 25th June	Normanhurst	9am-5pm	

Resuscitation: CPR in a Box Assessment			\$49.50 (plus postage and handling)
Tuesday 11th January	Castle Hill	6pm-6.30pm	<p>CPR in a Box (\$49.50) is a flexible resuscitation course. You learn CPR using the DVD and your own manikin, then attend an assessment session.</p> <p>You must bring the CPR in a Box and all of its contents with you to the Assessment Session. The Assessment will be conducted between 15-30 minutes and will involve practical scenarios for CPR.</p> <p>This is by far the easiest and most convenient way to learn Resuscitation.</p>
Friday 28th January	Homebush	10am-10.30am	
Friday 11th February	Seven Hills	10am-10.30am	
Wednesday 23rd February	Castle Hill	6pm-6.30pm	
Wednesday 16th March	Homebush	6pm-6.30pm	
Friday 25th March	Castle Hill	10am-10.30am	
Friday 8th April	Homebush	10am-10.30am	
Wednesday 20th April	Seven Hills	6pm-6.30pm	
Tuesday 10th May	Bondi	6pm-6.30pm	
Friday 20th May	Homebush	10am-10.30am	
Friday 10th June	Seven Hills	10am-10.30am	
Wednesday 22nd June	Castle Hill	6pm-6.30pm	

Resuscitation: Full			\$60.00
Wednesday 19th January	Homebush	6pm-8.30pm	<p>Resuscitation Full course is for those completing Resuscitation for the first time, or for those who have let their qualification expire. The course outlines the important aspects of resuscitation and involves practical applications and assessments of CPR on manikins, as well as a theory exam.</p>
Tuesday 15th February	Castle Hill	6pm-8.30pm	
Wednesday 23rd March	Seven Hills	6pm-8.30pm	
Tuesday 19th April	Bondi	6pm-8.30pm	
Wednesday 18th May	Homebush	6pm-8.30pm	
Tuesday 21st June	Seven Hills	6pm-8.30pm	

Resuscitation: Update			\$30.00
Wednesday 12th January	Homebush	6pm-8pm	<p>Resuscitation Update course is for those participants who need to renew their Resuscitation certificate. Participants need to have current (not expired) resuscitation certificate to participate in this course. The course refreshes the important aspects of resuscitation and involves practical applications and assessments of CPR on manikins, as well as a theory exam.</p>
Tuesday 8th February	Castle Hill	6pm-8pm	
Wednesday 9th March	Seven Hills	6pm-8pm	
Tuesday 5th April	Bondi	6pm-8pm	
Wednesday 4th May	Homebush	6pm-8pm	
Tuesday 7th June	Seven Hills	6pm-8pm	

Pool Lifeguard Package			\$435.00
Mon 10th- Thurs 13th January	Normanhurst	9am-5pm	<p>The Pool Lifeguard Package combines First Aid, Bronze Medallion and Pool Lifeguard into 4 days. Participants who register in this course must successfully complete all 4 days (no exceptions). Participants will receive, prior to the course, a First Aid Manual and Workbook that must be completed and presented on the first morning of the pool lifeguard package.</p> <p>*This denotes a 3 Day Pool Lifeguard Package which requires participants to complete First Aid in a Box and a Bronze Medallion Flexible Workbook before the course. For more information or to enrol please call the Office (02) 9634 3700.</p>
Fri 21st – Sun 23rd January*	Seven Hills	8am-4pm	
Fri 4th – Sun 6th February*	Seven Hills	8am-4pm	
Fri 11th – Sun 13th March*	Seven Hills	8am-4pm	
Mon 28th - Thurs 31st March	Liverpool	8am-4pm	
Mon 11th-Thurs 14th April	Burwood	9am-5pm	
Mon 23rd-Thurs 26th May	Seven Hills	9am-5pm	
Mon 27th-Thurs 30th June	Seven Hills	9am-5pm	




Pool Lifeguard			\$265.00
Sat 15th-Sun 16th January	Seven Hills	8am-6pm	<p>The Pool Lifeguard course is conducted over two days. Participants must have a <u>current first aid certificate</u> and a <u>current bronze medallion certificate</u> to enrol into this course.</p>
Sat 12th- Sun 13th February	Normanhurst	8am-6pm	
Sat 19th-Sun 20th March	Seven Hills	8am-6pm	
Sat 9th-Sun 10th April	Lane Cove	8am-6pm	
Sat 14th-Sun 15th May	Seven Hills	8am-6pm	
Sat 18th-Sun 19th June	Seven Hills	8am-6pm	



Pool Lifeguard Update			\$125.00
Friday 7th January	Seven Hills	9am-5pm	<p>Pool Lifeguard Update participants must have a current Pool Lifeguard Licence – <u>no exceptions will be made for those participants who have an expired certificate or no licence.</u></p>
Saturday 22nd January	Parramatta Swim	9am-5pm	
Friday 11th February	Seven Hills	9am-5pm	
Saturday 26th February	Lane Cove	9am-5pm	
Saturday 5th March	Normanhurst	9am-5pm	
Friday 25th March	Seven Hills	9am-5pm	
Saturday 16th April	Burwood	9am-5pm	
Friday 29th April	Seven Hills	9am-5pm	
Saturday 7th May	Normanhurst	9am-5pm	
Friday 20th May	Liverpool	9am-5pm	
Friday 10th June	Seven Hills	9am-5pm	
Saturday 25th June	Seven Hills	9am-5pm	

Bronze Medallion Flexible/Update			\$115.00 Flexible/\$80.00 Update
Saturday 8th January	Seven Hills	9am-5pm	<p>Bronze Medallion Flexible requires participants to complete a workbook prior to the course commencement. The course is one day only. The Workbook and Manual will be sent to participant prior to the course.</p> <p>Bronze Medallion Update participants need to have current (not expired) Bronze Medallion certificate (valid for 12 months) prior to course commencement date.</p>
Saturday 5th February	Normanhurst	9am-5pm	
Saturday 5th March	Seven Hills	9am-5pm	
Saturday 2nd April	Lane Cove	9am-5pm	
Saturday 7th May	Seven Hills	9am-5pm	
Saturday 4th June	Seven Hills	9am-5pm	

Aquatic Supervision (Pool Operations)			\$550.00
Mon 7th–Thurs 10th March	Seven Hills	9am-4pm	<p>The Aquatic Supervisors (Operations) Program provides candidates with the knowledge and skills relevant to the supervision and operation of an aquatic facility, plant and associated equipment and the monitoring and maintenance of water quality. This course is the industry standard for pool supervisors as documented in the Department of Local Government Practice Note 15. Upon successful completion of this course candidates also receive a statement of attainment from the Community Recreation Training Package (partial completion of Certificate III).</p> 
Mondays 2nd, 9th, 16th, 23rd May	Seven Hills	9am-4pm	
Mon 11th–Thurs 14th July	Seven Hills	9am-4pm	
Mon 26th–Thurs 29th Sep	Seven Hills	9am-4pm	

ENROLMENT INFORMATION

To enrol in any of the courses above, please complete the attached enrolment form and forward with payment.

Mail to: Community Course Co-ordinator
 Royal Life Saving NSW
 PO BOX 8307
 BAULKHAM HILLS BC NSW 2153

You may wish to enrol online at <https://training.royallifesaving.com.au> or over the phone (02) 9634 3700.

You require a valid credit card to make payment via internet or phone. Enrolments cannot be processed without payment. For Group Bookings, please contact our office on (02) 9634 3700.

ASTA – Seven Hills	Burwood	Bondi Junction	Castle Hill
Aquatic Safety Training Academy 78 Best Road SEVEN HILLS	MLC School Aquatic Centre Park Road BURWOOD	Club Bondi Junction Gray Street BONDI JUNCTION	Royal Life Saving NSW 34/10 Gladstone Road CASTLE HILL
Homebush	Lane Cove	Liverpool	Normanhurst
Australian Training Company 30-32 Pomeroy Street HOMEBUSH	Lane Cove Aquatic Centre Little Street LANE COVE	Whitlam Leisure Centre Memorial Avenue LIVERPOOL	Loreto Normanhurst Pennant Hills Road NORMANHURST
Parramatta Stadium	Parramatta Swim	St Marys	
Cumberland Lounge O’Connell Street PARRAMATTA	Parramatta Swimming Centre O’Connell Street PARRAMATTA	Ripples Leisure Centre Charles Hackett Drive ST MARYS	

Please note: This calendar is subject to change without notification, enrol early to save disappointment!

