

+ LIFEGUARD

The professionally trained lifeguard is the cornerstone of any aquatic facility. Lifeguarding is both rewarding and challenging. In NSW, the Pool Lifeguard Licence is the minimum award required to work as a pool lifeguard.



The training delivered by Royal Life Saving ensures that every lifeguard possesses the skills and knowledge to handle a wide variety of incidents that occur on a day to day basis at aquatic centres in NSW and Australia.

POOL LIFEGUARD PACKAGE

The Pool Lifeguard Package will provide participants with all the necessary industry qualifications required to work as a Pool Lifeguard in an aquatic centre in New South Wales. The course combines First Aid, Bronze Medallion and Pool Lifeguard courses into an intensive 4 day training program, that is convenient and saves you time and money.

Note: 3 day packages may be available in some locations, combining First Aid in a Box, Bronze Medallion Flexible and Pool Lifeguard Licence.

POOL LIFEGUARD (2 DAYS)

For those who already possess a current Bronze Medallion and First Aid Certificate, the Pool Lifeguard Licence Award is the final step for you. This is an entry-level qualification conducted over two days, involving the theory and practical components of the Pool Lifeguard.

POOL LIFEGUARD UPDATE

A lifeguard's job requires a high degree of judgement, skill and fitness in both day-to-day lifeguarding and in the stress of an emergency. Re-accreditation/ Update training helps sustain the lifeguard's confidence in their ability to prevent accidents and reassesses their ability to respond competently when they do occur.

| | Pool Lifeguard Package | Pool Lifeguard | Pool Lifeguard Update |
|-------------------------------|--|---|---|
| Duration | 4 days | 2 days | 1 day |
| Pre-requisites | Nil. Please note: Upon enrolment a First Aid workbook will be sent to the participant, to be completed prior to course. | Current Bronze Medallion. Current First Aid Certificate (HLTFA301B apply first aid). | Current Pool Lifeguard Licence. Current First Aid Certificate (HLTFA301B apply first aid). |
| Minimum Age | Calendar year in which candidate turns 16 years of age. | Calendar year in which candidate turns 16 years of age. | N/A |
| Validity | 1 year PLG Licence 3 years First Aid Certificate | 1 year PLG licence | 1 year PLG licence |
| Induction Requirements | Candidates must complete an On-the-job Assessment Workbook once they have gained employment in a workplace to receive their Pool Lifeguard Licence. | | |
| Cost | \$435.00 | \$265.00 | \$125.00 |
| Certificates | Candidates receive the following nationally recognised units of competency: HLTFA301B Apply first aid (Pool Lifeguard Package only). SRCAQU003B Respond to an aquatic emergency using basic water rescue techniques. SRCAQU006B Supervise clients in an aquatic facility or environment. SRCAQU007B Respond to an aquatic emergency using advanced water rescue techniques. SRXEMR003A Administer oxygen in an emergency situation. Note: A Pool Lifeguard Update keeps the certificates up-to-date. Failure to update will result in re-doing the course in its entirety. Statement of Attainments are not re-issued. | | |
| Groups | For group bookings and pricing, contact your nearest RLS Office. | | |

CONTACTS

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